For the titles, I think you will need to follow similar syntax/structure as the legend.

Define the controls outside the conditions (if..else...).

Then in the conditional statement, just add or remove the titles. This is what we did for legend. Define them first without adding any, or add only the natural breaks as default.

Then remove or add the corresponding items in the conditional statement.

That means there are many lines need to be changed.

<http://gis.stackexchange.com/questions/68941/how-to-add-remove-legend-with-leaflet-layers-control>